



EXCELLENCE IN LEADERSHIP ACADEMY
915 West Interstate Highway 2
Mission, Texas 78572

SHAC Committee Meeting Minutes

The School Health Advisory Council (SHAC) meeting of Excellence in Leadership Academy Charter School (ELA) held a meeting on Tuesday, December 19, 2023, at 5:00 p.m. The meeting was held at the cafeteria located at 915 West Interstate Highway 2 Mission, Texas.

The subjects to be discussed or considered are listed below and may not be taken in the order shown.

1. Call to Order and Roll Call

Dr. Castillo called the meeting to order at 5:03 PM and thanked everyone for being present.

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| <input checked="" type="checkbox"/> X Dr. Irma Castillo, Superintendent | <input checked="" type="checkbox"/> X Cecilia Septimo, Principal |
| <input checked="" type="checkbox"/> X Lauren Payne, Counselor | <input checked="" type="checkbox"/> X Janet Alfaro, Parent (With 3 children) |
| <input checked="" type="checkbox"/> X Lizandra Cruz, Parent | |
| <input checked="" type="checkbox"/> X Paula Flores, Parent (with E. Sanchez, son) | |

2. Public Forum

No one showed up for public comment.

3. Agenda

- Dr. Castillo welcomed the Committee to the 2nd meeting this semester and reviewed SHAC's purpose, school health advisory, and how we can help students.

ADDENDUM:

- Meeting Minutes from November 28, 2023, were shared with the committee. Mrs. Cruz motioned to approve the minutes and Mrs. Flores second the motion.
- Parent and Family Engagement
We have a plan in place. Mrs. Payne shared a presentation to show attendees where to find the Parent and Family Engagement Plan on ELA's website. Dr. Castillo asked how we can get parents to participate in campus meetings. She asked parents to review the plan and make suggestions and share the information with other parents to make it better for everyone.
- Physical Education & FitnessGram
All students take a P.E. class. Coach Montez prepared an informative presentation. The presentation was shared with the SHAC by Mrs. Lauren Payne. The importance of Physical Education developed through P.E. classes; FitnessGram requirement in the State of Texas; importance of the FitnessGram.
- Dr. Castillo asked the committee members for input on Health Education topics for students. How do we select appropriate presentations for students? Which topics could be addressed at school? Mrs. Cruz: a lot of parents don't know about diabetes. Other things could also be vaccinations, focus on required vaccination; a reminder to parents to keep the vaccinations updated.
- Semester II SHAC topics/presentations: Committee was asked about presentations we should have at these meetings. What are some things that you really like to look at? Mrs. Cruz: Spreading the germs; precaution measures; etiquette to prevent spread of germs.

- Any other items that we should discuss? Please feel free to share any ideas that you might have. If you know of anybody in the community who could do a presentation for us or our students, please let us know.

Meeting Adjourned.

Motion to adjourn: Mrs. Flores

Second the motion: Mrs. Cruz

Motion approved Yes/No. Yes

SHAC Committee meeting adjourned at 5:20 PM

Pursuant to the Texas Open Meetings Act the foregoing notice was posted at ELA Administration Building located at 915 West Interstate Highway 2, Mission, Texas by 6:00 pm this 15th day of December 2023. This meeting notice was posted on Excellence in Leadership Academy's website by 6:00 pm this 15th day of December 2023.

Dr. Irma Castillo, Superintendent

If during the course of the meeting covered by this notice, the committee should determine that a closed session should be held or is required in relation to any item included in this notice, then such closed session as authorized by Section 551.001 et seq§ of the Texas Government Code (the Opens Meetings Act) will be held by the committee at that date, hour and place given in this notice.